

YOU ARE INVITED TO THE
50TH ANNUAL
CHRISTMAS MEET INVITATIONAL
DECEMBER 15, 16, 17, AND 18, 2011
HELD AT THE
UNIVERSITY OF PITTSBURGH'S
JOE C. TREES POOL

BONUS EVENTS AVAILABLE THIS YEAR!

SEE THE ATTACHED INFORMATION REGARDING BONUS EVENTS

11-12 500 FREE AND 400 IM THIS YEAR!

SEE THE ATTACHED INFORMATION REGARDING THIS AND OTHER CHANGES

Two (2) Eight-lane, 25-yard courses
with a 25-yard warm-up pool separate from the competition pool

START TIMES FOR FINALS

Thursday, Dec. 15, 2011 - 6pm

Friday Dec. 16, 2011 - 6pm

Saturday Dec. 17, 2011 - 6pm

Sunday Dec. 18, 2011 - 5pm

Download your invitation online at:

www.teampittsburgh.com

Real Time web results will be available throughout the meet at:

www.teampittsburgh.com

ENTRY DEADLINE

November 21, 2011, Noon

*Teams may update their entry with any NEW INDIVIDUAL ENTRY QUALIFIERS
only, by Monday, December 5th at Noon.*



*****Officials interested in gaining National Qualifications - See note on last page of this invitation*****

ENTRY RESTRICTIONS:

1. No swimmer may enter more than three (3) individual events per day.
2. No club may enter more than (5) teams per relay event.
3. Positive check-in is required for the 1000 free by 5:30pm on Thursday, the first day of the meet and for the 1650 freestyle by 8:30am on Sunday, the last day of the meet.
4. **The Meet Director reserves the right to return entries in order to control the duration of the meet with the approval of the AMS Age Group Committee.**
5. No late entries, phone entries or fax entries will be accepted.
6. Relays must be included prior to the entry deadline.
7. **NO DECK ENTRIES WILL BE ACCEPTED. This includes individual or relay events.**
8. All entries must be submitted electronically by the team entry person.
No individual entries will be taken unless the athlete(s) is unattached and not associated to any USA Swimming Club.

Bonus Events:

1. If a swimmer qualifies for a single (1) individual event, that swimmer may compete in up to one (1) additional event regardless of the qualifying time.
2. If a swimmer qualifies for two (2) or more individual events, that swimmer may compete in up to two (2) additional events, keeping in mind not to exceed the maximum of ten (10) individual events for the entire meet and the maximum of three (3) individual events per day.
3. Please indicate on the entry file if an event is a bonus event by checking the "bonus event" box.
4. Bonus events will be seeded after all yards and LCM entries.
5. To control the length of time of the distance events, there will be a bonus event qualifying time for the 400 IM, 500 Free, 1000 Free and 1650 Free for all age groups. Swimmers who wish to swim those events as bonus events must be faster than the following: 400 IM - within four (:04) seconds, 500 Free - within five (:05) seconds of the qualifying time; for the 1000 Free – within ten (:10) seconds of the qualifying time; and for the 1650 Free – within sixteen and a half (:16.50) seconds of the qualifying time. Time is calculated at 1 second per 100.

SEEDING: This is a pre-seeded meet. For the finals in age group events, if there are "no shows," alternates will be placed in the open lane(s) without reseeding. In senior events, consolation "no shows" will be filled from alternates without reseeding, but in championship finals of senior events, lanes will remain empty for "no shows." In prelims, the order of seeding will be SCY, LCM, BONUS.

NOTE: Positive check-in is required for the 1000, 1650, AND ALL SENIOR RELAYS.

PROOF OF TIMES: PROOF OF TIMES SHALL BE REQUIRED. Please check the "Proof of Times" box when you submit your hard copy of your entry report.
Proof of time must come from a USA Swimming sanctioned, approved or observed swim.

SCRATCH RULE: Scratching from finals will be allowed in accordance with current USA Swimming Rules. For this meet, swimmers must complete and sign a scratch form (or intent to scratch) and submit it to the designated person in charge of scratches at the Admin Table at the deep end of the pool no later than 30 minutes after the announcement of the event results. The penalty for not properly scratching from finals and not competing will be as stated in Rule 207.12.D (2008 Rules and Regulations). "(1) Any swimmer qualifying of a C, B, or A final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of the meet under 101.1.5 is not permitted and will be regarded as a failure to compete."

SCORING: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
(For Age Group events, only eight places will score - 20-17-16-15-14-13-12-11)
Relays events are doubled. (For Age Group relays, only the top eight relays will score.)

AWARDS: Individual events- Medals through 3RD place for 13 and up.
Medals through 3rd place and ribbons 4th-8th for 12 and under.
High point awards for all age groups and seniors will be awarded.
NOTE: Points scored in senior competition will be added to age group total.
Relays- Medals through 3rd place

SPECIAL AWARD:

The **CAROL AND JERRY ZALESKI AWARDS** will be presented to the winner of the 100-yard Freestyle Event for Senior Men and Women. The names of the winners will be placed on a permanent plaque for display in the pool balcony.



WARM-UPS: Please note that all swimmers must be under the supervision of a USA Swimming coach during warm-up and competition. If necessary, the Meet Director or Referee will assist the swimmer in making such arrangements.

STARTING TIMES: (Note- Starting times are different for Sunday!)

12 & Under events

Warm-up- no sooner than 1:00pm Fri/Sat (12:45pm on Sun.)

PRELIMS BEGIN- no sooner than 2:00pm Fri/Sat (1:30pm on Sun.)

8 & Under events- All 8-under and 10-under events are Timed-finals events during the afternoon sessions.

13 & Over events

Warm-up- 7:00am

PRELIMS BEGIN- 8:30am each day

FINALS SESSIONS Begin- Thursday/Friday/Saturday - 6:00pm, Sunday- 5:00PM

Warm-up begins no later than one hour prior to finals beginning.

We will be using two pools for preliminary sessions. The women/girls will swim in the deep end on Friday and Sunday and the shallow end on Saturday. The men/boys will swim in the shallow end on Friday and Sunday and the deep end on Saturday. At the discretion of the Meet Director and the Referee, afternoon prelims MAY be swum in the deep end only, time permitting.

The following warm-up schedule will apply to this meet:

The first half of all warm-up periods will be a general warm-up with **NO DIVING** from the blocks or sides of the pool. All blocks are to be covered with safety cones. **NO PADDLES.** No sprint or pace work in general warm-up lanes. During the last half of all warm-up periods, the safety cones on lanes 2 and 7 will be removed. One-way diving and sprinting will be done in these lanes only from the starting end of the pool. The outside lanes will be used for push-off circle pace-work from the start end of the pool. The remaining lanes will be general warm-up lanes, with no diving or push-off pacing permitted, unless otherwise instructed by the referee and marshal.

NO UNAUTHORIZED PERSONNEL WILL BE ALLOWED ON THE POOL DECK. Coaches, Officials and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, excepting swimmers, will be prevented from entering the deck area.

MEET MARSHALS:

Marshals have authority through the Meet Director over warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

PARKING:

For a charge, you may park all day in the OC LOT adjacent to the pool. The OC LOT is a secured, lighted lot.

We recommend that you use the OC LOT.

However, if you do park on the street, we recommend that you remove all valuables from your car, or remove them from view. The daily parking rate is \$10 per day with possible in and out privileges. The fee is \$7 if you have a valid Pitt ID. On Saturday, due to a Pitt men's basketball game, the OC lot will NOT permit in and out privileges, and during game time there will be parking in the Tower View garage behind Trees Pool.

Fortunately, the University of Pittsburgh Parking Office MAY allow in/out privileges in the OC Lot when there are not other special events scheduled to swim meet parents, officials and coaches.

The In-Out privilege is NOT EXTENDED to others parking at the University, and may be revoked.

In order to utilize this, please keep your parking payment stub with you when you exit in order to re-enter the lot for finals. Thanks.

ADDITIONAL INFORMATION:

Should you need any additional information regarding the meet, please call Jeff Berghoff at 412-648-8340.



NOTE to Officials- This meet has been designated as a "Qualifying Meet (QM number pending)," for N2 level Officials qualifications. "National Evaluators" have been assigned for certification and re-certification evaluations. Those desiring initial certification or re-certification above the LSC level should download the new application for this purpose from the "Officials" section under the "Volunteers" tab on the USA Swimming web site at the link below. Applicants will be considered on a first-come basis, however, there may not be enough resources to accommodate all such requests. All applications for evaluations should be e-mailed to the meet referee at

Web address: http://www.usaswimming.org/USASWeb/_Rainbow/Documents/710b2dd9-21b7-45e0-b41a-6cf3649572bc/Request%20for%20Evaluation.doc.

Please note that N2 evaluations must be done over 3 sessions in the position. Re-certification evaluations must be done over 2 sessions, however, the official must work at least 4 sessions at the meet for the re-certification evaluation(s) to be valid. Only one position may be evaluated in each session, although officials may rotate to permit multiple evaluations.

These evaluations represent only a portion of the certification and re-certification. Applications must be submitted in order to complete the re-certification and advancement process.

Please feel free to duplicate this information and entry forms for any club needing information.



Christmas Meet Invitational Meet Entry Summary

(This completed form MUST accompany your entry and payment.)

ENTRY DEADLINE is Monday, November 21, 2011, Noon.

***Teams may update their entry with any NEW INDIVIDUAL QUALIFIERS
by Monday, December 5th, Noon.***

Mail completed Meet Entry Summary, Payment and Entries to:
Jeff Berghoff – Christmas Meet, Swimming Office, 218 Fitzgerald Field House, Pittsburgh, PA 15261

TEAM NAME _____ CODE LETTERS (5) _____

COACH _____ Phone _____ E-mail _____

Please complete BOTH sides of this form and return it with your entry check. Your entry will be considered incomplete WITHOUT this form. Please e-mail your actual entries (see below).

TEAM ENTRY PERSON _____ E-mail _____

TEAM ADDRESS _____
_____ RESULTS will be posted on the web
at www.teampittsburgh.com

(PLEASE E-MAIL YOUR .CL2 ENTRIES TO: tpit-entries@amswim.org then mail this form.)

ENTRY FEE PAYMENT (Check Payable to Pittsburgh Aquatic Program)

Number of Individual Entries _____ at \$5.00= \$ _____

Number of Relay Entries _____ at \$8.00= \$ _____

Note: There is a data entry fee of \$20 per team for teams with more than 5 swimmers who do not submit entries in CL2 format by e-mail. If you do not enter by Hy-tek or Team Unify, add this fee here BEFORE you total your entry fees. + \$20 if applicable

TOTAL Submitted= \$ _____

One (1) Club or Certified Check per team.

**Make checks payable to:
Pittsburgh Aquatic Program**

Questions concerning my team's entries should be directed to:

Name

Phone

e-mail

*The 50th Annual Christmas Meet Invitational
December 15-18, 2011*

List of Suggested Hotels

(In no particular order)

*You Must Mention the Christmas Swim Meet and make reservations prior to the cut-off date to get the advertised rate.
Cut-off date for each hotel is listed*

- **Holiday Inn Select, University Center** 412-682-6200 Cut-off date: 12/02/2011
 (In the Center of the Pittsburgh Campus)
\$105 Flat Rate (Up to four persons)
 Restaurant on site/meal plans available. Indoor pool. Complimentary parking.
- **Marriott City Center** 412-471-4000 Cut-off date: 11/24/2011
 (10 minutes from pool in Downtown Pittsburgh.)
\$99 Flat Rate (Up to four persons.)
 Parking \$22/day – In and out privileges.
- **Courtyard Marriott Shadyside/Oakland** 412-683-3113 Cut-off date: 11/17/2011
 (Right down the street, 5-10 minutes from the pool)
\$119 Flat Rate (Up to four persons.)
Parking – valet - \$17.88 per day.
- **Wyndham Garden Hotel, University Place** 412-683-2040 Cut-off date: 11/16/2011
 (Three blocks/two minutes from pool on Forbes Ave.)
\$120 (Single or Double Occupancy) Restaurant on site
Parking \$18 per night for standard vehicles. All parking on space available basis
- **Renaissance Hotel - Pittsburgh** 412-562-1200 Cut-off date: 11/25/11
 (Located downtown right on the river)
\$129 (Single or Double Occupancy) Restaurant on site
Parking \$28 per night for standard vehicles valet. Alternate parking garage directly across the street.
- **Residence Inn Pittsburgh – Oakland** 412-621-2200 Cut-off date:
 (Three blocks/two minutes from pool on Forbes Ave.)
\$119 (Single or Double Occupancy) Restaurant on site
Parking \$13.50 per night for standard vehicles. All parking on space available basis
- **SpringHill Suites – South Side Works** 1-800-Marriott Cut-off date: 11/17/2011
 Minutes from the pool, brand new hotel.
\$108 (Single or Double Occupancy)
Parking \$14 per night for standard vehicles. All parking on space available basis
- **SpringHill Suites – Bakery Square** 866-275-0741 Cut-off date: 11/24/2011
 5-10 minutes from the pool, brand new hotel.
\$124 (Single or Double Occupancy)
All parking on space available basis
- **Hampton Inn – Oakland** 412-681-1000 Cut-off date: 11/24/2011
 5-10 minutes from the pool, entirely renovated in 2010.
\$109 (Single or Double Occupancy)
Free Parking, Free Breakfast Buffet, Free Wireless



Additional Meet Information

We will be cutting off the entries at about 7,000 entries and at about 1,500 swimmers. We would encourage you to get your entries in early, since the cut-offs for teams will be based on entry receipt date. Please call if you have any questions regarding the cut-off.

Meet results will be published on www.teampittsburgh.com.

All teams are encouraged to e-mail their entries to Jeff Berghoff, Meet Director, at: tpit-entries@amswim.org.

Both sides of this form must be complete and accompany your check in the mail before the entry deadline of November 21 in order to be considered complete.

TIMER INFORMATION FORM

Since this is such a large regional competition, we are requesting that teams provide timers for certain lanes for sessions. Please indicate below which sessions you would like to provide timers. We will try to make sure that the lanes for which your team will be responsible will be during the sessions at which you will have the most parents present. Thanks. Jeff, Meet Director.

FRIDAY PRELIMS

_____ 8:30am-12noon
(13-Older)

_____ 2pm-4:30pm
(12-Younger)

FINALS

_____ 6pm-8pm

SATURDAY PRELIMS

_____ 8:30am-12noon
(13-Older)

_____ 2pm-4:30pm
(12-Younger)

FINALS

_____ 6pm-8pm

SUNDAY PRELIMS

_____ 8:30am-12noon
(13-Older)

_____ 1:30pm-4:30pm
(12-Younger)

FINALS

_____ 5pm-7pm

TEAM NAME _____

CONTACT PERSON AT MEET _____

RETURN THIS FORM WITH YOUR ENTRY CHECK. IF IT IS NOT RETURNED, YOUR ENTRY WILL BE CONSIDERED INCOMPLETE.

The Rules of Conduct as Adopted by the Allegheny Mountain Swimming Association for this meet.

1. Any swimmer breaking any one or more of the following rules will be ejected from the premises:
 - a. willful damage to the premises (walls, floors, doors, etc.);
 - b. willful damage to the furniture, fixtures and appointments;
 - c. plugging sinks, toilets, or other drains;
 - d. flicking towels, fighting, wrestling, etc.;
 - e. violation of any posted or announced regulation(s);
 - f. insubordination to officials and deck marshals;
 - g. any other unsportsmanlike, irresponsible or unsafe conduct; or
 - h. use of alcohol, illegal drugs, and tobacco (inhaled or chewed).

2. USA Swimming mandates the following procedure for expeditious handling of complaints and/or disciplinary actions for violation of these rules:
 - a. Since federal law states that an athlete cannot be suspended from competition, even temporarily, without a hearing, the host club should be prepared in advance to have an ad hoc Meet Rules Committee selected. The Committee should have a referee or designated official, the Meet Director and an athlete as members. This Committee should be announced before the start of the meet. It is the Meet Director's responsibility to select this Committee; however, the Meet Director may ask the Referee to select this ad hoc Committee. In the case of a protest, the Committee shall convene on the site immediately to handle the situation.
 - b. The decision must be reduced to writing within ten (10) days of the hearing and a copy served by mailed to the athlete and to the Chairman of the AMS Review Committee. It should include findings of fact. If a formal hearing is desired, the matter can be referred to the AMS Review Committee for a full hearing.

3. Coaches and swimmers must remain a minimum of two (2) feet from the pool's edge. Coaches and official must display current USS registration cards.

4. Only competing swimmers, officials and lap counters are permitted within four (4) feet of the pool's edge both at the starting and turning ends.

5. Spectators, including parents, are not permitted on the pool deck.

6. Coaches, parents and/or swimmers are not to contact the administration desk or electronic timing operator regarding questions of time or place of finish. All questions should be directed to the Referee.

7. If the electronic timing device is set off before a race is completed, or if the body of a swimmer (defined as the torso, including shoulders and hips) enters the water, or if, in the opinion of the Meet Referee, an "on-deck" swimmer has interfered with an "in-pool" swimmer, then the "on-deck" swimmer may be disqualified from their next event.