



Note: for 2010, the top 12 individual event finishers and the Top 9 relay finishers will advance to the PA State championship

East Districts: March 13-14, 2010, LaSalle University

East-West (PA States): March 20-21, 2010, Penn State University

Cadet (10 & Under)

Event	Girls	Stroke	Boys	Event
1	2:38.00*	200 Yard Medley Relay	2:45.00*	2
3	33.50*	50 Yard Freestyle	34.50	4
5	1:24.00	100 Yard Individual Medley	1:28.00	6
7	38.00	50 Yard Butterfly	40.50	8
9	1:15.50	100 Yard Freestyle	1:18.00	10
11	40.00	50 Yard Backstroke	41.00	12
13	45.00*	50 Yard Breaststroke	46.00	14
15	2:20.00	200 Yard Freestyle Relay	2:22.50*	16

Prep (11-12)

Event	Girls	Stroke	Boys	Event
17	2:19.00*	200 Yard Medley Relay	2:23.00	18
19	2:25.00	200 Yard Freestyle	2:28.00	20
21	29.00	50 Yard Freestyle	30.80	22
23	2:40.00	200 Yard Individual Medley	2:47.50	24
25	33.00	50 Yard Butterfly	36.00	26
27	1:04.50	100 Yard Freestyle	1:08.00	28
29	35.00*	50 Yard Backstroke	37.00	30
31	38.50	50 Yard Breaststroke	41.00*	32
33	2:03.00	200 Yard Freestyle Relay	2:07.00*	34

Junior (13-14)

Event	Girls	Stroke	Boys	Event
35	2:13.00*	200 Yard Medley Relay	2:10.00*	36
37	2:12.00*	200 Yard Freestyle	2:12.00	38
39	28.25*	50 Yard Freestyle	27.25*	40
41	2:29.00*	200 Yard Individual Medley	2:30.00	42
43	1:12.50	100 Yard Butterfly	1:12.50	44
45	1:01.00	100 Yard Freestyle	1:00.00	46

47	1:10.50	100 Yard Backstroke	1:11.00	48
49	1:19.50	100 Yard Breaststroke	1:17.50	50
51	1:57.00	200 Yard Freestyle Relay	1:57.00*	52

Senior (15-18, Open)

Event	Girls	Stroke	Boys	Event
53	4:45.00*	400 Yard Medley Relay	4:17.00*	54
55	2:06.50	200 Yard Freestyle	1:57.00	56
57	27.00	50 Yard Freestyle	24.50	58
59	2:25.00	200 Yard Individual Medley	2:16.00	60
61	1:06.00	100 Yard Butterfly	1:02.00	62
63	1:00.00	100 Yard Freestyle	53.50	64
65	1:08.00*	100 Yard Backstroke	1:05.50	66
67	5:40.00	500 Yard Freestyle	5:19.00	68
69	1:18.50	100 Yard Breaststroke	1:11.00	70
71	4:23.00*	400 Yard Freestyle Relay	3:50.00*	72

* Changed from 2009 Qualifying Times