

The Marguerite Newkirk Pentathlon

Saturday, October 28, 2017

At the Chambersburg Memorial YMCA

Purpose: To provide YMCA swimmers an opportunity to swim all four strokes plus the IM for early season short course meter times.

Facilities: Walker Natatorium, Chambersburg YMCA, 570 East McKinley Street, Chambersburg, PA. This meet will be held in our 6-lane 25-meter pool, which is equipped with a fully automatic Colorado timing system with a 6-lane display board.

Eligibility: Swimmers must meet the eligibility requirements as required by the YMCA Swim Coaches Association of Pennsylvania, which follow the YMCA black book. The swimmers age as of 10/29/16 will determine the age group in which he/she will be competing.

Rules: The Marguerite Newkirk Memorial Pentathlon Meet is governed by the current 2016 USA Swimming ("USA-S") Technical Rules. All events are timed finals. A swimmer may enter any number of events, but to be considered for an overall trophy, that swimmer must swim all the events in his/her age group, and complete them legally.

Entries: Entries must be emailed to the following address: mellis@chbgv.org. Please send check to the below address with copy of your entries.

Entry Fees: \$5.00 per Event, \$5.00 athlete surcharge. One check per team made payable to: **CYCAPA**.

Deadline: ALL ENTRIES MUST BE RECEIVED BY Saturday, OCTOBER 21, 2017. Deck entries will be permitted at the discretion of the meet director, and will be \$10.00 per event.

Mail to:

Katie Kough
CYCAPA Treasurer
193 N Blackberry Lane
Fayetteville, PA 17222

Awards

- See page four for rules pertaining to high score, event selection, and trophies.
- Individual events: Ribbons 1st-6th
- Heat Winner Awards

ATTENTION SWIMMERS: TO BE CONSIDERED FOR THE OVERALL TROPHIES YOU MUST SWIM AND PLACE LEGALLY IN EACH STROKE PLUS THE IM. FOR MORE DETAILS ON EVENT SELECTION, PLEASE SEE PAGE FOUR.



Session#1**(12 & under events)****Warm-ups: 7:30 AM****Meet Starts: 9:00 AM****Event List-By Event Number
Session#1**

- | | | | |
|----|---------------------------------|----|------------------------------|
| 1 | Girls 8 & Under 25 Butterfly | 16 | Boys 9-10 50 Breaststroke |
| 2 | Boys 8 & Under 25 Butterfly | 17 | Girls 11-12 100 Breaststroke |
| 3 | Girls 9-10 50 Butterfly | 18 | Boys 11-12 100 Breaststroke |
| 4 | Boys 9-10 50 Butterfly | 19 | Girls 8 & Under 25 Freestyle |
| 5 | Girls 11-12 100 Butterfly | 20 | Boys 8 & Under 25 Freestyle |
| 6 | Boys 11-12 100 Butterfly | 21 | Girls 9-10 50 Freestyle |
| 7 | Girls 8 & Under 25 Backstroke | 22 | Boys 9-10 50 Freestyle |
| 8 | Boys 8 & Under 25 Backstroke | 23 | Girls 11-12 100 Freestyle |
| 9 | Girls 9-10 50 Backstroke | 24 | Boys 11-12 100 Freestyle |
| 10 | Boys 9-10 50 Backstroke | 25 | Girls 8 & Under 100 IM |
| 11 | Girls 11-12 100 Backstroke | 26 | Boys 8 & Under 100 IM |
| 12 | Boys 11-12 100 Backstroke | 27 | Girls 9-10 100 IM |
| 13 | Girls 8 & Under 25 Breaststroke | 28 | Boys 9-10 100 IM |
| 14 | Boys 8 & Under 25 Breaststroke | 29 | Girls 11-12 100 IM |
| 15 | Girls 9-10 50 Breaststroke | 30 | Boys 11-12 100 IM |

**Session#2
(13 & Over)****Warm-up: 12:30 PM****Meet Starts: 1:30 PM****Event List-By Event Number
Session#2**

- | | | | |
|----|--------------------------------|----|----------------------------------|
| 31 | Girls 13-14 100 Butterfly | 41 | Girls 15 & Over 100 Breaststroke |
| 32 | Boys 13-14 100 Butterfly | 42 | Boys 15 & Over 100 Breaststroke |
| 33 | Girls 15 & Over 100 Butterfly | 43 | Girls 13-14 100 Freestyle |
| 34 | Boys 15 & Over 100 Butterfly | 44 | Boys 13-14 100 Freestyle |
| 35 | Girls 13-14 100 Backstroke | 45 | Girls 15 & Over 100 Freestyle |
| 36 | Boys 13-14 100 Backstroke | 46 | Boys 15 & Over 100 Freestyle |
| 37 | Girls 15 & Over 100 Backstroke | 47 | Girls 13-14 200 IM |
| 38 | Boys 15 & Over 100 Backstroke | 48 | Boys 13-14 200 IM |
| 39 | Girls 13-14 100 Breaststroke | 49 | Girls 15 & Over 200 IM |
| 40 | Boys 13-14 100 Breaststroke | 50 | Boys 15 & Over 200 IM |

Rules for event selection & high score / trophy process:

The maximum number of individual event entries is five per athlete.

Swimmers must swim each event in their age group to be eligible to receive a trophy.

Swimmers' times from the above events will be added aggregately, & sorted by lowest total time. A trophy will be given to the highest scoring male and female in each age group. Metals will be given for the 2nd and 3rd highest scoring male and female in each age group.

******If a swimmer is disqualified in an event, he/she is not eligible to receive a trophy.***

Warm Up assignments will be emailed to each team the Monday after entries are due.

Seating Area will be in Edwards Gym behind Walker Pool. Please no food or drink in this area. Our parents association will be running a concession stand during the meet, which is located in the Teen Center.

Officials: If you have any officials willing to help at this meet please send their names along with your entries.

Directions:

From the North or South:

1. Exit I-81 at Exit 16 (Rt. 30 Chambersburg/Gettysburg)
2. Turn onto 30 W toward the Four Points Sheraton.
3. Proceed to 1st light and turn left onto Stouffer Ave.
4. Follow Stouffer to the 1st stop light and turn right onto McKinley St.
5. Proceed through 2 stop signs and YMCA will be on left across from Chambersburg Area Senior High School
6. Parking is available in the lot located just past the YMCA on the left.

From the East or West:

Follow directions from #2 down.

Hotels

Days Inn of Chambersburg	717-263-1288
Four Points by Sheraton Chambersburg	717-263-9191
Comfort Inn of Chambersburg	717-263-6655
Quality Inn & Suites	717-263-3400
Travelodge	717-264-4187



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Entry Check List- submit with your entry

TEAM INFORMATION

Team Name: _____

Coach: _____

Entry Contact Person: _____

Entry Contact Phone: _____

Coach's E-mail: _____

Number of swimmers attending: _____ x \$5.00= _____

Number of Individual events: _____ x \$5.00= _____

TOTAL: _____

Make check payable to CYCAPA

Mail to:

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 CYCAPA Treasurer
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 Fayetteville, PA 17222

