

Thank You all for entering the 2017 NBAC Spring LC Meet. The following are changes in the schedule for the meet as a result of the entries:

The Revised Schedule Times:

Session 1 - Friday: Warm-ups: 4:00 pm Start: 5:00 pm

Session 2 - Saturday: Warm-ups: 7:30 am Start: 8:30 am

Session 3 - Saturday: Warm-ups: 11:00 am Start: 12:00 noon

Session 4 - Saturday: Warm-ups: 4:30 pm Start: 5:30 pm

Session 2 - Sunday: Warm-ups: 7:30 am Start: 8:30 am

Session 3 - Sunday: Warm-ups: 11:00 am Start: 12:00 noon

Session 4 - Sunday: Warm-ups: 4:30 pm Start: 5:30 pm

Each swimmer is responsible for their own timer on Friday.

Saturday & Sunday - All Sessions (Our team needs to provide two timers per session):

Lane 1: ASC
Lane 2: NCAP
Lane 3: NBAC
Lane 4: NBAC
Lane 5: NBAC
Lane 6: NBAC
Lane 7: RAYS
Lane 8: YORK