

**NORTH BALTIMORE AQUATIC CLUB**  
**2017 NBAC MID-SUMMER CLASSIC**  
**@ THE MEADOWBROOK AQUATIC CLUB**  
**JULY 6 - 9, 2017**

**PRE-MEET INFORMATION / REMINDERS**

|                |                        |                       |                  |                      |
|----------------|------------------------|-----------------------|------------------|----------------------|
| Meet Schedule: | Thursday July 6, 2017: | Timed Finals          | Warmups: 5:00 PM | Meet Starts: 5:45 PM |
|                | Friday July 7, 2017:   | Prelims/Timed Finals  | Warmups: 6:30 AM | Meet Starts: 8:00 AM |
|                | Friday July 7, 2017:   | Finals / Timed Finals | Warmups: 5:00 PM | Meet Starts: 5:45 PM |
|                | Saturday July 8, 2017: | Prelims/Timed Finals  | Warmups: 6:30 AM | Meet Starts: 8:00 AM |
|                | Saturday July 8, 2017: | Finals / Timed Finals | Warmups: 5:00 PM | Meet Starts: 5:45 PM |
|                | Sunday July 9, 2017:   | Prelims/Timed Finals  | Warmups: 6:30 AM | Meet Starts: 8:00 AM |
|                | Sunday July 9, 2017:   | Finals / Timed Finals | Warmups: 5:00 PM | Meet Starts: 5:45 PM |

**Coaches Meeting: Friday July 7, 2017 @ 7:30 AM / Each Club should be represented. Location TBD.**

|                    |   |                 |
|--------------------|---|-----------------|
| Positive Check in: | Thursday: Open & 13-14 800 Free / 12 & U 400 IM | Due at 5:00 PM  |
|                    | Friday: 12 & U 200 Backstroke                   | Due at 7:15 AM  |
|                    | Friday: Open & 13-14 400 IM                     | Due at 7:30 AM  |
|                    | Friday: ALL Relays with relay cards & names     | Due at 10:00 AM |
|                    | Saturday: 12 & U 200 Breaststroke               | Due at 7:15 AM  |
|                    | Saturday: Open & 13-14 400 Free                 | Due at 7:30 AM  |
|                    | Saturday: ALL Relays with relay cards & names   | Due at 10:00 AM |
|                    | Sunday: 12 & U 200 Butterfly                    | Due at 7:15 AM  |
|                    | Sunday: Open 1500 Free / 12 & U 400 Free        | Due at 7:30 AM  |

Relays: ALL Relays swim in the FINALS sessions.

Parking: Please encourage your families to car pool. Parking is tight and those that have come in the past know of the delays getting out of the area due to the number of cars.

Tents: There is plenty of room for tents in the area. Those tents that are set up in the sand area along the side of the pool must be taken down/lowered and moved back against the fence after each session. The pool is open between 1:00 pm and 5:00 pm for the membership.

Trash: Please ask all swimmers and their families to clean up after themselves and make sure your team areas are cleaned up after each session.

Meet Notice: Please review all information contained in the meet notice. NOTE: Any information contained in the Pre-Meet Information supersedes the information in the meet notice.

**Thursday July 6, 2017: Timed Finals Warmups: 5:00 PM Meet Starts: 5:45 PM**

Session 1: (Indoor Pool) Events 5 & 6 12 & U 400 IM Session ends approx. 6:40 PM

Session 2: (Outdoor Pool) Events 1 – 4 Open & 13-14 800 FR Session ends approx. 8:04 PM

NOTE: Swimmers must supply their own timers & counters for ALL Thursday Session events.

**Friday July 7, 2017: Prelims / Timed Finals Warmups: 6:30 AM Meet Starts: 8:00 AM**  
**Finals / Timed Finals Warmups: 5:00 PM Meet Starts: 5:45 PM**

Session 3: (Indoor Pool) Men's events 7 through 33 Session ends approx. 11:29 AM

NOTE: The Men's 13-14 400 IM (event #35) will be swum in the outdoor pool following the last heat of the Women's 13-14 400 IM

NOTE: Swimmers must supply their own timers for the 400 IM events.

Session 4: (Outdoor Pool) Women's events 8 through 36 Session ends approx. 11:17 AM  
Men's event 35

NOTE: The Men's 13-14 400 IM (event #35) will be swum in the outdoor pool following the last heat of the Women's 13-14 400 IM

NOTE: Swimmers must supply their own timers for the 400 IM events.

Session 5: (Outdoor Pool) Events 9 – 40 / 20 Open Swimmers/10 Swimmers in 13-14, 11-12 & 10 & U

ALL RELAYS SWIM IN THE FINALS SESSION

Session ends approx. 8:00 PM

**Saturday July 8, 2017: Prelims / Timed Finals Warmups: 6:30 AM Meet Starts: 8:00 AM**  
**Finals / Timed Finals Warmups: 5:00 PM Meet Starts: 5:45 PM**

Session 6: (Indoor Pool) Men's events 41 through 75 Session ends approx. 11:54 AM

NOTE: \*Event 77 Men 13-14 400 Freestyle will be swum in the Outdoor Pool following the last heat of the women's 13-14 400 free.

NOTE: Swimmers must supply their own timers and counters for the 400 Free events.

Session 7: (Outdoor Pool) Women's events 42 through 78 Session ends approx. 11:34 AM  
Men's event 77

NOTE: \*Event 77 Men 13-14 400 Freestyle will be swum in the Outdoor Pool following the last heat of the women's 13-14 400 free.

NOTE: Swimmers must supply their own timers and counters for the 400 Free events.

Session 8: (Outdoor Pool) Events 41 – 80 20 Open Swimmers/10 Swimmers in 13-14, 11-12 & 10 & U

ALL RELAYS SWIM IN THE FINALS SESSION

Session ends approx. 8:25 PM

**Sunday July 9, 2017: Prelims / Timed Finals Warmups: 6:30 AM Meet Starts: 8:00 AM**  
**Finals / Timed Finals Warmups: 5:00 PM Meet Starts: 5:45 PM**

---

Session 9: (Indoor Pool) Men's events 83 through 109

Session ends approx. 11:59 AM

NOTE: Swimmers must supply their own timers and counters for the 1500 free and 400 free events.

Session 10: (Outdoor Pool) Women's events 84 through 112

Session ends approx. 12:01 PM

NOTE: Swimmers must supply their own timers and counters for the 1500 free and 400 free events.

Session 11: Events 83 – 112

20 Open Swimmers (10 for the Open 1500)/10 Swimmers in 13-14, 11-12 & 10 & U  
Session ends approx. 7:51 PM

NBAC thanks all of you for entering the 2017 NBAC Mid-Summer Classic and we look forward to a great meet with lots of fast times!

Should you have any questions please direct them to anyone of the following:

Will Ruffin, Meet Director: [william.b.ruffin@gmail.com](mailto:william.b.ruffin@gmail.com)

Tom Himes, Meet Entry Director: [thimes@nbac.net](mailto:thimes@nbac.net) / [coachtom@comcast.net](mailto:coachtom@comcast.net)

Zuzana Chamrova, Officials Contact: [zchamrova@hotmail.com](mailto:zchamrova@hotmail.com)

Weather Forecast (as of 1:15 AM Monday):

Thursday: Partly Sunny / High: 88 / Low: 76

Friday: Partly Sunny / High: 92 / Low: 73 (Showers later in the day / clearing at night)

Saturday: Partly Cloudy / High: 88 / Low: 67

Sunday: Sunny / High: 85 / Low: 69

**2017 NBAC MID SUMMER CLASSIC OUTDOOR POOL WARMUP LANE ASSIGNMENTS**

**THURSDAY TIMED FINALS (800 FREE SWIMMERS ONLY / GIRLS & BOYS)**

|                   | <u>LANE 1</u>                | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> | <u>LANE 7</u> | <u>LANE 8</u> | <u>LANE 9</u> | <u>LANE 10</u> | <u>LANE X</u> |
|-------------------|------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|
| 5:00 PM – 5:35 PM | MSC<br>GBSA<br>LBAMR<br>SAKA | LBA           | MAC<br>BAY    | NAAC          | YORK          | YORK          | YORK          | NBAC          | NBAC          | NBAC           | OPEN          |

**FRIDAY PRELIMS (GIRLS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> | <u>LANE 7</u> | <u>LANE 8</u> | <u>LANE 9</u> | <u>LANE 10</u> | <u>LANE X</u> |
|-------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN           | OPEN          |
| 6:50 AM – 7:20 AM | LBA<br>ASP    | LBA           | NAAC          | NAAC          | ACA<br>MAS    | SAKA          | SAKA<br>MSC   | MSC           | MAC           | MAC            | OPEN          |
| 7:20 AM – 7:50 AM | YORK<br>LBAMR | YORK          | YORK          | GBSA          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC           | NBAC          |

**SATURDAY PRELIMS (GIRLS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> | <u>LANE 7</u> | <u>LANE 8</u> | <u>LANE 9</u> | <u>LANE 10</u> | <u>LANE X</u> |
|-------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN           | OPEN          |
| 6:50 AM – 7:20 AM | YORK<br>LBAMR | YORK          | YORK          | GBSA          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC           | NBAC          |
| 7:20 AM – 7:50 AM | LBA<br>ASP    | LBA           | NAAC          | NAAC          | ACA<br>MAS    | SAKA          | SAKA<br>MSC   | MSC           | MAC           | MAC            | OPEN          |

**SUNDAY PRELIMS (GIRLS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> | <u>LANE 7</u> | <u>LANE 8</u> | <u>LANE 9</u> | <u>LANE 10</u> | <u>LANE X</u> |
|-------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN           | OPEN          |
| 6:50 AM – 7:20 AM | LBA<br>ASP    | LBA           | NAAC          | NAAC          | ACA<br>MAS    | SAKA          | SAKA<br>MSC   | MSC           | MAC           | MAC            | OPEN          |
| 7:20 AM – 7:50 AM | YORK<br>LBAMR | YORK          | YORK          | GBSA          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC          | NBAC           | NBAC          |

**FRIDAY, SATURDAY, SUNDAY FINALS (ALL SWIMMERS)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> | <u>LANE 7</u> | <u>LANE 8</u> | <u>LANE 9</u> | <u>LANE 10</u> | <u>LANE X</u> |
|-------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|---------------|
| 5:00 PM – 5:25 PM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN          | OPEN           | OPEN          |
| 5:25 PM – 5:40 PM | SPRINT        | SPRINT        | SPRINT        | SPRINT        | OPEN          | OPEN          | OPEN          | OPEN          | PACE          | PACE           | OPEN          |

**2017 NBAC MID SUMMER CLASSIC INDOOR (BOYS) POOL WARMUP LANE ASSIGNMENTS**

**THURSDAY TIMED FINALS (12 & U 400 IM SWIMMERS ONLY / BOYS & GIRLS)**

|                   | <u>LANE 1</u>       | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> |
|-------------------|---------------------|---------------|---------------|---------------|---------------|---------------|
| 5:00 PM – 5:35 PM | NAAC<br>SAKA<br>MSC | MAC<br>GBSA   | LBA           | YORK          | NBAC          | NBAC          |

**FRIDAY PRELIMS (BOYS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u>      | <u>LANE 6</u> |
|-------------------|---------------|---------------|---------------|---------------|--------------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN               | OPEN          |
| 6:50 AM – 7:20 AM | GBSA<br>LBAMR | YORK<br>HSST  | YORK          | NBAC          | NBAC               | NBAC          |
| 7:20 AM – 7:50 AM | MSC<br>SAKA   | LBA           | LBA           | NAAC          | NAAC<br>MAS<br>BAY | MAC           |

**SATURDAY PRELIMS (BOYS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u>      | <u>LANE 6</u> |
|-------------------|---------------|---------------|---------------|---------------|--------------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN               | OPEN          |
| 6:50 AM – 7:20 AM | MSC<br>SAKA   | LBA           | LBA           | NAAC          | NAAC<br>MAS<br>BAY | MAC           |
| 7:20 AM – 7:50 AM | GBSA<br>LBAMR | YORK<br>HSST  | YORK          | NBAC          | NBAC               | NBAC          |

**SUNDAY PRELIMS (BOYS ONLY)**

|                   | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u>      | <u>LANE 6</u> |
|-------------------|---------------|---------------|---------------|---------------|--------------------|---------------|
| 6:30 AM – 6:50 AM | OPEN          | OPEN          | OPEN          | OPEN          | OPEN               | OPEN          |
| 6:50 AM – 7:20 AM | GBSA<br>LBAMR | YORK<br>HSST  | YORK          | NBAC          | NBAC               | NBAC          |
| 7:20 AM – 7:50 AM | MSC<br>SAKA   | LBA           | LBA           | NAAC          | NAAC<br>MAS<br>BAY | MAC           |

**FRIDAY, SATURDAY, SUNDAY FINALS (ALL SWIMMERS)**

|                          | <u>LANE 1</u> | <u>LANE 2</u> | <u>LANE 3</u> | <u>LANE 4</u> | <u>LANE 5</u> | <u>LANE 6</u> |
|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 5:00 PM – END OF SESSION | OPEN          | OPEN          | OPEN          | xxxxxx        | xxxxxx        | xxxxxx        |