



PRACTICE ADJUSTMENTS

July 17-22, 2017

Monday (17th)

All Seniors @ GAC outdoor: 7:00 - 8:30am
All Juniors @ GAC outdoor: 8:30 - 9:30am
Junior Olympic team @ Green Valley: 8:30 - 9:30AM
Y National team @ York College: 2:30-4:30 PM

Tuesday (18th)

All groups @ Green Valley: 7:30 - 9:30am
Seniors only @ GAC (dryland only): 4:00 - 5:30pm

Wednesday (19th)

All Seniors @ GAC outdoor: 7:00 - 8:30am
All Juniors @ GAC outdoor: 8:30 - 9:30am
Y National team @ York College: 1:30-3:30 PM

Thursday (20th)

All groups @ Green Valley: 7:30 - 9:30am

Friday (21st)

Y National team @ York College: 8:00-10:00 AM
All Groups @ Green Valley 7:30 - 9:30am

Saturday (22nd)

TBD