



PRACTICE ADJUSTMENTS
February 26 – March 3, 2018

NOVICE AND ADVANCED	JUNIOR AND SENIOR
<p>To accommodate the Junior Olympic Championships being held at our facility, please note the following practice adjustments. The Southern branch is located at 100 Constitution Ave in Shrewsbury.</p> <p>Monday - Feb 26</p> <ul style="list-style-type: none">• All groups normal @ GAC <p>Tuesday - Feb 27</p> <ul style="list-style-type: none">• All groups normal @ GAC <p>Wednesday - Feb 28</p> <ul style="list-style-type: none">• All groups normal @ GAC <p>Thursday - Mar 1</p> <ul style="list-style-type: none">• Novices: 5:30-6:30pm @ Southern• Advanced: 6:30-8pm @ Southern <p>Friday - Mar 2</p> <ul style="list-style-type: none">• Novices: 5:30-6:30pm @ Southern• Advanced: 6:30-8pm @ Southern	<p>To accommodate the Junior Olympic Championships being held at our facility, please note the following practice adjustments for this week. All practices will be located at the GAC.</p> <p>Monday - February 26</p> <ul style="list-style-type: none">• All Groups Normal• JO's swimmers dismissed 15 minutes early from their respective groups <p>Tuesday - February 27</p> <ul style="list-style-type: none">• All Groups Normal• JO's swimmers dismissed 30 minutes early from their respective groups <p>Wednesday - February 28</p> <ul style="list-style-type: none">• All Seniors: 4-6pm• Seniors attending JO's: 4-5:15pm• Junior A's: 6-7pm• Junior B's: 7-8pm <p>Thursday - March 1</p> <ul style="list-style-type: none">• Seniors <i>not</i> in JO's: 5:30-7am• Juniors <i>not</i> in JO's: 5:45-6:45am <p>Friday - March 2</p> <ul style="list-style-type: none">• Seniors <i>not</i> in JO's: 5:30-6:30am• Juniors <i>not</i> in JO's: 5:45-6:45am <p>Saturday - March 3</p> <ul style="list-style-type: none">• Seniors <i>not</i> in JO's: 1:30-3:30pm• Juniors <i>not</i> in JO's: 1:30-3pm