

Thursday

Graham - 12&Under Distance

4:00-4:40pm

All Lanes Open

4:40-4:50pm

Competition Pool - Lanes 1,2,7,8 = Pace / Lanes 3-6 = One Way Sprints // Warmup Pool - Open

Central - 13-14 Distance

4:00-4:40pm

All Lanes Open

4:40-4:50pm

Competition Pool - Lanes 1,2,7,8 = Pace / Lanes 3-6 = One Way Sprints // Warmup Pool - Open

Friday

Graham - 11-12 Prelims

7:30am-8:00am

Teams ACWS - NPAC

8:00am-8:30am

Teams NRG - YY

8:30am-8:50am

Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 13-14 Prelims

7:30am-8:00am

Teams ACWS - MAC

8:00am-8:30am

Teams MARA - YY

8:30am-8:50am

Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 10&Under Session

1:30-1:55pm

All Lanes Open

1:55-2:05pm

Competition Pool - One Way Sprints // Warmup Pool - Open

GAC - Finals

4:40-5:10pm

All Lanes Open

5:10-5:20pm

Competition Pool - One Way Sprints // Warmup Pool - Open

Saturday

Graham - 11-12 Prelims

7:30am-8:00am

Teams NRG - YY

8:00am-8:30am

Teams ACWS - NPAC

8:30am-8:50am

Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 13-14 Prelims

7:30am-8:00am Teams MARA - YY
8:00am-8:30am Teams ACWS - MAC
8:30am-8:50am Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 10&Under Session

1:30-1:55pm All Lanes Open
1:55-2:05pm Competition Pool - One Way Sprints // Warmup Pool - Open

GAC - Finals

4:40-5:10pm All Lanes Open
5:10-5:20pm Competition Pool - One Way Sprints // Warmup Pool - Open

Sunday**Graham - 11-12 Prelims**

7:30am-8:00am Teams ACWS - NPAC
8:00am-8:30am Teams NRG - YY
8:30am-8:50am Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 13-14 Prelims

7:30am-8:00am Teams ACWS - MAC
8:00am-8:30am Teams MARA - YY
8:30am-8:50am Competition Pool - One Way Sprints // Warmup Pool - Open

Central - 10&Under Session

1:30-1:55pm All Lanes Open
1:55-2:05pm Competition Pool - One Way Sprints // Warmup Pool - Open

GAC - Finals

4:40-5:10pm All Lanes Open
5:10-5:20pm Competition Pool - One Way Sprints // Warmup Pool - Open