

**Friday Evening:**

13&Over Distance

5:00-6:20PM

Open Warm-up

**Saturday Morning:**

13-14 Age Group

7:30-8:00AM

8:00-8:30AM

8:30-8:50AM

Teams BEFY-LHY

Teams NEYS-YY

Competition Pool- One Way Sprints // Warmup pool open

**Saturday Afternoon:**

15&Over

12:30-1:00PM

1:00-1:30PM

1:30-1:50AM

Teams BEFY-LHY

Teams NEYS-YY

Competition Pool- One Way Sprints // Warmup pool open

**Sunday Morning:**

10&Under

7:30-8:00AM

8:00-8:30AM

8:30-8:50AM

Teams NEYS-YY

Teams BEFY-LHY

Competition Pool- One Way Sprints // Warmup pool open

**Sunday Afternoon:**

11-12 Age Group

12:30-1:00PM

1:00-1:30PM

1:30-1:50AM

Teams NEYS-YY

Teams BEFY-LHY

Competition Pool- One Way Sprints // Warmup pool open