

2018 Summer Mini-Pentathlon

Saturday, June 2, 2018

At the Chambersburg Memorial YMCA

Purpose: To provide YMCA swimmers an opportunity to swim all four strokes plus the 100 IM and 100 Free for short course meter times.

Facilities: Walker Natatorium, Chambersburg YMCA, 570 East McKinley Street, Chambersburg, PA. This meet will be held in our 6-lane 25-meter pool, which is equipped with a fully automatic Colorado timing system with a 6-lane display board.

Facility Parking: 570 East McKinley Street, Chambersburg, PA 17201 (YMCA) or adjacent parking lot to the west of the YMCA. (Chambersburg Area School District Parking lot).

Eligibility: Swimmers must meet the eligibility requirements as required by the YMCA Swim Coaches Association of Pennsylvania, which follow the YMCA black book. The swimmers age as of 12/01/17 will determine the age group in which he/she will be competing.

Rules: The 2018 Summer Mini-Pentathlon Meet is governed by the current 2016 USA Swimming ("USA-S") Technical Rules. All events are timed finals.

Meet Format: Our goal is to see fast swimming, enjoy great racing, and still have time to enjoy the majority of the weekend. Heats will be seeded slowest to fastest and events will be separated by gender, women swimming before men.

Entry Restrictions: A swimmer may enter any number of events, not to exceed a maximum of 6 entries, and complete them legally. A swimmer must swim all the events in his/her age group, and 8& Under Swimmers must choose between a 25 yard and 50 yard event. There is no qualifying times and NT—"No Times" will be accepted, however, for the sake of good racing we encourage all coaches to make their best estimation. Please convert all times to Short Course Meters.

Entries: Entries must be emailed to the following address: mattellis@comcast.net. Please send check to the below address with copy of your entries.

Entry Fees: \$5.00 per Event, \$3.00 athlete surcharge. One check per team made payable to: **CYCAPA**.

Entry Deadline: ALL ENTRIES MUST BE RECIEVED BY Friday, May 25, 2018. Please include the Meet Entry Fee Report with your payments.

Mail to:

Matthew Ellis
Head Coach
1020 Leidig Drive
Chambersburg, PA 17201

Deck Entry Fees: Deck entries will be permitted at the discretion of the meet director, and will be \$10.00 per event.

Meet Referee: Cary Pong

Official Coordinator: Trish McMillen
All currently certified YMCA or USA officials are encouraged to volunteer.

Head Coach: Matthew Ellis

Meet Director: Hali Cormany

Entries Chair: Lauren Ellis

Volunteer Coordinator: Morgan Johnston

Awards: Heat Winner Awards

Results: Results can be found on Meet Mobile

Daily Schedule: Warm-ups will be conducted in accordance with the current USA Safety Guidelines.

Saturday	Warm-up 7:00am	Clear Pool: 7:50am	Start: 8:00am
----------	----------------	--------------------	---------------

Coaches Meeting: If the Meet Director and Meet Referee find it necessary to have a coaches meeting an announcement will be made stating the time and meeting place during warm-ups.

Volunteers: Each team is responsible for providing at least four (4) timers and at least one (1) certified stroke and turn official. Each team will also be required to provide at least one (1) seeding volunteer. Volunteer lists should be mailed to Morgan Johnston at mpj53022@alumni.bloomu.edu

Team Seating: Seating Area will be in Edwards Gym behind Walker Pool. Please no food or drink in this area. Our parents association will be running a concession stand during the meet, which is located in the Teen Center.

Event List-By Event Number Session#1

1	Girls 8& Under 25 Backstroke	29	Girls 13& Over 50 Fly
2	Boys 8& Under 25 Backstroke	30	Boys 13& Over 50 Fly
3	Girls 8& Under 50 Backstroke	31	Girls 8 & Under 25 Free
4	Boys 8& Under 50 Backstroke	32	Boys 8 & Under 25 Free
5	Girls 9-10 50 Backstroke	33	Girls 8& Under 50 Free
6	Boys 9-10 50 Backstroke	34	Boys 8& Under 50 Free
7	Girls 11-12 50 Backstroke	35	Girls 9-10 50 Free
8	Boys 11-12 50 Backstroke	36	Boys 9-10 50 Free
9	Girls 13& Over 50 Backstroke	37	Girls 11-12 50 Free
10	Boys 13& Over 50 Backstroke	38	Boys 11-12 50 Free
11	Girls 8& Under 25 Breaststroke	39	Girls 13& Over 50 Free
12	Boys 8& Under 25 Breaststroke	40	Boys 13& Over 50 Free
13	Girls 8& Under 50 Breaststroke	41	Girls 8& Under 100 IM
14	Boys 8& Under 50 Breaststroke	42	Boys 8& Under 100 IM
15	Girls 9-10 50 Breaststroke	43	Girls 9-10 100 IM
16	Boys 9-10 50 Breaststroke	44	Boys 9-10 100 IM
17	Girls 11-12 50 Breaststroke	45	Girls 11-12 100 IM
18	Boys 11-12 50 Breaststroke	46	Boys 11-12 100 IM
19	Girls 13& Over 50 Breaststroke	47	Girls 13& Over 100 IM
20	Boys 13& Over 50 Breaststroke	48	Boys 13& Over 100 IM
21	Girls 8& Under 25 Fly	49	Girls 8& Under 100 Free
22	Boys 8& Under 25 Fly	50	Boys 8& Under 100 Free
23	Girls 8& Under 50 Fly	51	Girls 9-10 100 Free
24	Boys 8& Under 50 Fly	52	Boys 9-10 100 Free
25	Girls 9-10 50 Fly	53	Girls 11-12 100 Free
26	Boys 9-10 50 Fly	54	Boys 11-12 100 Free
27	Girls 11-12 50 Fly	55	Girls 13& Over 100 Free
28	Boys 11-12 50 Fly	56	Boys 13& Over 100 Free

Directions:

From the North or South:

1. Exit I-81 at Exit 16 (Rt. 30 Chambersburg/Gettysburg)
2. Turn onto 30 W toward the Four Points Sheraton.
3. Proceed to 1st light and turn left onto Stouffer Ave.
4. Follow Stouffer to the 1st stop light and turn right onto McKinley St.
5. Proceed through 2 stop signs and YMCA will be on left across from Chambersburg Area Senior High School
6. Parking is available in the lot located just past the YMCA on the left.

From the East or West:

Follow directions from #2 down.

Hotels

Days Inn of Chambersburg	717-263-1288
Four Points by Sheraton Chambersburg	717-263-9191
Comfort Inn of Chambersburg	717-263-6655
Quality Inn & Suites	717-263-3400
Travelodge	717-264-4187

2018 Summer Mini-Pentathlon
Saturday, June 2, 2018
At the Chambersburg Memorial YMCA

Entry Check List- submit with your entry

TEAM INFORMATION

Team Name: _____

Coach: _____

Entry Contact Person: _____

Entry Contact Phone: _____

Coach's E-mail: _____

Number of swimmers attending: _____ x \$3.00= _____

Number of Individual events: _____ x \$5.00= _____

TOTAL: _____

Make check payable to CYCAPA

Mail to:

Matthew Ellis
Head Coach
1020 Leidig Drive
Chambersburg, PA 17201

